

VALERIE HARWELL MYERS, PH.D.

EDUCATION

- 1998-2003 Drexel University
Doctorate of Philosophy in Clinical Psychology, September 2003
Philadelphia, PA
Master of Arts in Clinical and Health Psychology, May 2001
(MCP Hahnemann University)
Dissertation title: *“Mood and Anxiety Symptomatology in Adults with Insulin-Dependent Diabetes Mellitus Using Intensive Management Regimens”*
- 1992-1995 Louisiana State University
Bachelor of Science in Psychology with a Minor in Sociology
December 1995
Baton Rouge, LA

PROFESSIONAL LICENSURE

- Louisiana Psychology License #1197 (Clinical)
Colorado Psychology License #3830 (Clinical)

PROFESSIONAL EXPERIENCE

- 2016-present Senior Scientist
Klein Buendel, Inc.
Golden, CO
- 2012-2016 Scientist III
Klein Buendel, Inc.
Golden, CO
- 2012-present Adjunct Associate Professor
Pennington Biomedical Research Center, Louisiana State University System
Department of Behavioral Medicine
Baton Rouge, LA
- 2011-present Clinical Faculty Instructor
Department of Psychology
Louisiana State University School of Medicine
New Orleans, LA
- 2005-2012 Faculty Instructor
Pennington Biomedical Research Center, Louisiana State University System
Division of Education, Department of Behavioral Medicine
Baton Rouge, LA
- 2003-2012 On-call behavioral consultation
Pennington Biomedical Research Center Clinic, Louisiana State University System

2003-2006 Therapist
Louisiana State University Health Sciences Center,
Adult Psychology Clinic, Earl K. Long Medical Center
Baton Rouge, LA

2003-2005 Postdoctoral Fellowship in Clinical Health Psychology
Pennington Biomedical Research Center, Louisiana State University System
Division of Education, Department of Behavioral Medicine
Baton Rouge, LA

2002-2003 Psychology Resident
Department of Behavioral Medicine and Psychiatry
West Virginia University School of Medicine
Charleston, WV

2000-2002 Staff Therapist and Research Associate
The Family Health Psychology Center
Mercy Fitzgerald Hospital, Division of Behavioral Medicine
Darby, PA

2000 Research Associate
Department of Child Psychiatry
MCP Hahnemann-Eastern Pennsylvania Psychiatric Institute
Philadelphia, PA

2000 Research Associate
Community-Based Health Program and Special Immunology Clinic
The Children's Hospital of Philadelphia
Philadelphia, PA

1999-2001 Associate Project Coordinator/Data Manager
Social Anxiety Treatment Program
MCP Hahnemann University
Philadelphia, PA

1999-2001 Research Associate
Department of Pediatric Psychology, Children's Seashore House
The Children's Hospital of Philadelphia
Philadelphia, PA

1999-2000 Research Assistant
Sickle Cell Disease Study
The Children's Hospital of Philadelphia
Philadelphia, PA

1999 Psychometrist/Research Associate
Treatment of Lead Toxicity Center, Children's Seashore House
The Children's Hospital of Philadelphia
Philadelphia, PA

1998-2002 Research Associate, Staff Therapist, Clinical Supervisor, Project Coordinator
Social Anxiety Treatment Program
MCP Hahnemann University
Philadelphia, PA

PROFESSIONAL ORGANIZATION MEMBERSHIPS

- American Psychological Association, member, 1996-present
- Association for Behavioral and Cognitive Therapies, member, 1998-present
- Society for a Science of Clinical Psychology, member, 2000-present
- Society of Behavioral Medicine, member, 2003-present; member of the Education, Training, and Career Development Council; member of the Digital Health Council
- International Society of Behavioral Medicine, 2006-present
- The Obesity Society, 2006-present; former Chair of Ethics Committee
- American College of Sports Medicine, 2012-present

HONORS and AWARDS

- 2005 **Fellow**, National Institutes of Health (NIH) Summer Institute on Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions
- 2007-2011 **Recipient**, Loan Repayment Program, awarded by the National Institutes of Health, National Institute on Minority Health and Health Disparities (NIH/NCMHD)
- 2008 **Nominee**, 2008 Louisiana Heroine Award
- 2013 **Fellow**, National Institutes of Health (NIH) Training Institute for Dissemination and Implementation Research in Health (TIDIRH) Conference
- 2017 **Fellow**, Society of Behavioral Medicine
- 2017 **Champion**, Society of Behavioral Medicine
- 2017-present **Mentor**, NCI SPRINT (Speeding Research-tested INTerventions)

GRANTS and CONTRACTS

ACTIVE:

2019/02/01-2024/01/31

K01 HL145023, National Heart, Lung, and Blood Institute (NHLBI)

Creasy, Seth (PI)

Linking Temporal Patterns of Modifiable Behaviors to Weight Loss Outcomes

This study will evaluate if indices of sleep are associated with enhanced adherence to physical activity and energy intake prescriptions during a weight loss intervention and greater weight loss.

Role: Mentor

2018/09/18-2020/04/30

R44 MD009652, National Institute on Minority Health and Health Disparities (NIMHD)

Caminamos: A location-based Smartphone App for Latinas to Connect with Nearby Walking Partners

A Phase II SBIR to develop a smartphone app that uses location-based services to connect Latino women within geographically proximal neighborhoods for increased walking behaviors.

Role: Principal Investigator

2018/09/19-2020/06/30

R44MD010746, National Institute on Minority Health and Health Disparities (NIMHD)

Myers, Valerie H. (PI)

PINPOINT: Gaming technology to engage adolescent sickle cell patients in precision pain management

This Phase II SBIR project aims to create *Pinpoint*, an interactive gaming tablet app that will be developed with the significant input of clinical experts to assist sickle cell disease teens with better identification and self-report of their pain.

Role: Principal Investigator

2017/07/31-2019/07/30

R21 HD089979, National Institute on Child Health and Human Development (NICHD)

Houck, Christopher D. (PI)

An emotion regulation intervention for early adolescent risk behavior prevention.

This study will adapt an efficacious emotion regulation intervention for reducing adolescent sexual risk behavior into an interactive multimedia, tablet-delivered intervention.

Role: Co-Investigator

2015/06/01 – 05/21/2020

R01CA192652, National Institute on Child Health and Human Development (NICHD)

Buller, David and Pagoto, Sherry (MPIs)

Likes Pins and Views: Engaging Moms on Teen Indoor Tanning Thru Social Media

This study proposes to develop and evaluate the effectiveness of a social media indoor tanning campaign to decrease mothers' permissiveness and prevalence of indoor tanning by daughters.

Role: Expert Advisor

2011/07/01 - 2021/12/31

R01 DK056990, National Institute of Diabetes and Digestive and Kidney Diseases

Bray, George A. (PI)

Study of Health Outcomes of Weight Loss: The Look AHEAD Trial

A multicenter randomized clinical trial examining the long-term effects of an intensive lifestyle weight loss intervention on cardiovascular disease and death in overweight and obese individuals with type 2 diabetes.

Role: Co-Investigator

Psychological and Behavioral Correlates of Weight Outcomes: Ancillary Study of the Look AHEAD trial

Ancillary study examining the long-term effects of psychological and behavioral aspects of weight loss and maintenance across the 13 year Look AHEAD trial.

Role: Ancillary Principal Investigator

Completed Research Support

2017/08/01-2019/04/30

R41AG057239, National Institute on Aging (NIA)

Loeb, Susan J. (PI)

E-training of Inmate Peer Caregivers for Enhancing Geriatric and End-of-life Care in Prisons

This is a Phase I project for development of highly interactive computer-based learning modules for inmate peer caregivers to promote an integrated systems approach to enhancing the care of the aged and dying in prisons.

Role: Co-Investigator

2016/09/15 – 2019/04/30

R42AG049570, National Institute on Aging (NIA)

Loeb, Susan and Myers, Valerie (MPIs)

Enhancing Care of the Aged and Dying in Prisons

Researchers are proposing to demonstrate the scientific merit and feasibility of developing cutting edge, media rich learning modules focused on geriatric and end-of-life care within the constraints of correctional settings. This work will reformat and expand upon an existing training program and conduct in-person usability testing of the new technology-based program with prison multidisciplinary staff.

Role: Multiple Principal Investigator

2016/09/15 – 2018/08/15

SC15-1503-29878, Patient-Centered Outcomes Research Institute (PCORI)

Woodall, William Gill (PI)

Engaging Patients and Providers in Collaborative Communication on HPV Vaccination (EPPIC-HPV)

This project will employ a developed and pilot tested web-based intervention on HPV messaging as a way to improve knowledge and shared decision-making about HPV vaccination between 11-13 year old girls, their parents, and clinicians, and adoption and uptake of the 3-dose HPV vaccine.

Role: Co-Investigator

2016/09/01 – 2018/04/30

R41MD010304, National Institute on Minority Health and Health Disparities (NIMHD)

Newton, Robert L. (PI)

Mobile Phone Intervention for Physical Activity Maintenance in African American Men (MobileMen)

The purpose of the current study is to develop a mobile phone application for African American men that will help them maintain their physical activity levels.

Role: Co-Investigator

2015/09/30 - 2018/02/28

R44 DP004995, National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP)

Myers, Valerie H (PI)

Location-based Smartphone Technology to Guide College Students' Healthy Choices Phase II

A CDC Phase II SBIR testing a smartphone application that guides college students to healthier eating and exercise choices using location-based decision support technology in a randomized trial.

Role: Principal Investigator

2016/01/13 – 2017/09/30

R43MD010746, National Institute on Minority Health and Health Disparities (NIMHD)

Myers, Valerie H. (PI)

PINPOINT: Gaming technology to engage adolescent sickle cell patients in precision pain management

This project aims to create *Pinpoint*, an interactive gaming tablet app that will be developed with the significant input of clinical experts to assist sickle cell disease teens with better identification and self-report of their pain.

Role: Principal Investigator

2011/03/01 - 2017/08/31

U01 AG029824, National Institute on Aging

Grimm, Richard H. (PI)

Aspirin in Reducing Events in the Elderly (ASPREE)

A multicenter trial designed to assess whether daily 100 mg aspirin will extend the duration of disability-free life in participants aged 70 years and older.

Role: Co-Investigator

2014/08/15 - 2017/06/30

R21 AG046670-01A1, National Institute on Aging (NIA)

Myers, Valerie H (PI)

Smart Television and Exercise Promotion for Independent Living Facilities

A study to establish the feasibility, at individual and organizational levels, for translating an evidence-based exercise program for independent living facility seniors using interactive web-enabled television.

Role: Principal Investigator

2015/05/18 – 2018/03/17

HHSM-500-2014-00401, Centers for Medicare and Medicaid Services

Gritz, Mark (PI)

Vanguard Application Model Review Process Support

This project provides support to the Vanguard model application review process through applicant support, logistics related to application reviews, score normalization, and application summary reporting.

Role: Task/Site Leader

2015/08/04 - 2016/12/31

R43 MD009652, National Institute on Minority Health and Health Disparities (NIMHD)

Myers, Valerie H. (PI)

Caminamos: A location-based Smartphone App for Latinas to Connect with Nearby Walking Partners

A Phase I SBIR to develop a smartphone app that uses location-based services to connect Latino women within geographically proximal neighborhoods for increased walking behaviors.

Role: Principal Investigator

2016/02/01 – 2016/06/30

Contract

Myers, Valerie H. (Contract Lead)

Centura HealthSET Evaluation

Program evaluation of Centura Health's HealthSET community program.

Role: Contract Lead

2011/07/01 - 2016/06/30

CFMS #697073, LA State Grant

Brantley, Phillip J. (PI)

Office of Group Benefits: Health Enhancement and Disease United Partnership (HEADS UP)

Obesity management program using bariatric surgery and intensive medical management options.

Role: Co-Investigator

2015/03/15 - 2016/04/30

R41 AG049570, National Institute on Aging

Penrod, Janice L. (PI)

Enhancing Care of the Aged and Dying in Prisons

A Phase I STTR to technologically adapt modules in the expanded Toolkit for Enhancing Care of Aged and Dying in Prisons for delivery to correctional settings.

Role: Co-Investigator

2009/05/01-2016/05/05

Private Funding

Church, Timothy S. (PI)

Cancer Survival through Weight Loss and Exercise (CASTLE)

A pilot study to examine the effectiveness, feasibility, and acceptability of combining motivational interviewing with physical activity and dietary restrictions in breast cancer survivors to promote weight loss.

Role: Co-Investigator

2012/11/12-2016/03/03

Private Funding – Institute for Dementia Research and Prevention (IDRP)

Keller, Jeffrey (PI)

Louisiana Aging Brain Study (LA BRAINS)

This longitudinal study is examining relationships between a variety of risk factors (genetics, diet, diabetes, mood, sleep, activity level etc.) and cognitive decline in persons age 60 and older.

Role: Co-Investigator

2009/09/01 - 2015/11/30

U01 AG022376, National Institute on Aging

Church, Timothy S. (PI)

The LIFE Study-Lifestyle Interventions and Independence for Elders

A multicenter randomized controlled trial to compare a moderate-intensity physical activity program to a successful aging health education program in older persons who are sedentary.

Role: Co-Investigator

2012/08/02 - 2015/07/31

R42 CA144235, National Cancer Institute

Beach, Wayne A. (PI)

Conversations About Cancer: A Theatrical Production.

A Phase II STTR to develop a DVD of the Conversations about Cancer program, create a supplemental website, and conduct a multi-site randomized control effectiveness trial to evaluate its efficacy.

Role: Co-Investigator

2013/09/30 - 2014/12/31

R43 DP004995-01, National Center for Chronic Disease Prevention and Health Promotion (NCCDPHP)

Myers, Valerie H (MPI)

Location-based Smartphone Technology to Guide College Students' Healthy Choices

A CDC Phase I SBIR testing the feasibility of a smartphone application that guides college students to healthier eating and exercise choices using location-based decision support technology.

Role: Multiple Principal Investigator (Contact PI)

2010/09/24 - 2013/09/23

HHSN268200900048C, National Heart, Lung, and Blood Institute

Church, Timothy S. (PI)

The Systolic Blood Pressure Intervention Trial (SPRINT).

A multicenter randomized clinical trial to test whether intensive treatment to decrease systolic blood pressure will reduce cardiovascular disease risk.

Role: Co-Investigator

2010/07/01 - 2013/09/18

Private Funding

Church, Timothy S. and Keller, Jeffrey (MPIs)

Exercise Trial for Alzheimer's Disease (EXTRA)

A trial to compare a moderate-intensity physical activity program to a successful aging health education program in sedentary older persons with Alzheimer's Disease and mild cognitive impairment (MCI).

Role: Co-Investigator

2008/07/01 – 2013/08/14

Contract, LA State Grant

Church, Timothy S. (PI)

LSU HCSD Tele-health Projects: Adult Diabetes Patient Population (The Effectiveness of In-home monitoring Systems and Technological Interventions (EINSTEIN)).

Two effectiveness studies testing telehealth interventions in low-income patients with chronic disease. Study 1) telehealth versus usual care in reducing ER visits in CHF patients. Study 2) telehealth home monitoring combined with motivational telephone interviewing compared to standard of care, home monitoring alone, and telephone interviewing alone on weight loss in patients diagnosed with diabetes or hypertension.

Role: Co-Investigator

2011/01/01-2013/08/14

Private Funding

Church, Timothy S. (PI)

The Effect of Acute Exercise on Brain Derived Neurotrophic Factor in Individuals with Posttraumatic Stress Disorder

A pilot study to investigate the effects of acute exercise on brain derived neurotrophic factor (BDNF) in individuals with post-traumatic stress disorder (PTSD) and controls without PTSD.

Role: Co-Investigator

2011/12/01-2013/01/31

Private Funding

Wilkes, Mary (PI)

Baton Rouge General Medical Residency Training Grant

Family medicine residency project focused on screening for five core areas of mental health in the primary care clinic, and assessing physician and patient perceptions of care.

Role: Consultant/Investigator

2011/07/01 - 2012/10/01

Contract, LA State Grant

Myers, Valerie H (PI)

Louisiana State University Health Care Services Division (LSU-HCSD)

Services and support to LSU-HCSD Chief Medical Officer and Health Care Effectiveness Team on a statewide obesity management program.

Role: Principal Investigator

2011/07/01 - 2012/10/01

Katzmarzyk, Peter (PI)

Contract, LA State Grant

LSU Improving Clinical Outcomes Network (LSU-ICON)

Collaborative effort among multiple LSU System institutions to engage in medical informatics, population research, clinical research, disease management and quality improvement targeted at improving quality of patient health care in Louisiana

Role: Co-Investigator

2006/07/01-2012/10/01

Contract, LA State Grant

Myers, Valerie H. (PI; Co-PI from 2006/07/01 – 2011/06/30)

Louisiana State University Health Care Services Division (LSU-HCSD).

Statewide overweight/obesity disease management program throughout all hospitals in the HCSD.

Role: Principal Investigator.

2010/07/01 – 2011/06/30

Contract, LA State Grant

Brantley, Phillip J. (PI)

The Louisiana Office of Group Benefits Cooperative Endeavor

Collaboration with Louisiana OGB insurance provider to study the financial benefits of establishing a protocol to address the high rate of obesity in LA. In response to House Concurrent Resolution 231.

Role: Co-Investigator

2007/04/05 – 2010/06/30

R01DK068298, National Institute of Diabetes and Digestive and Kidney Diseases

Church, Timothy S. (PI)

Health Benefits of Aerobic and Resistance Training in individuals with type 2 diabetes (HART-D)

An RCT comparing the effect of resistance training alone, and resistance training in combination with aerobic training, and aerobic training alone to standard care on hemoglobin A_{1c} (HbA_{1c}), in initially sedentary women and men with type 2 diabetes.

Role: Lead Behaviorist

2008/07/01 - 2009/06/30

Contract, LA State Grant

Myers, Valerie H. (PI)

Four Year Follow-up of the Louisiana Office of Group Benefits Bariatric Surgery Patients

A follow-up study of individuals who received obesity surgery to determine weight outcomes, health status, medical complications and costs, patient satisfaction and quality of life, and emotional adjustment.

Role: Principal Investigator

2004/07/01 - 2009/06/30

Contract, LA State Grant

Ryan, Donna H. (PI)

Louisiana Obesity Subjects Study (LOSS)

A pragmatic clinical trial comparing obese class III participants enrolled in the Louisiana state employees' health insurance program (Louisiana Office of Group Benefits) to either an intensive medically-supervised weight loss program or usual medical care condition. **Principal Investigator** for an ancillary study examining the role of optimism in weight loss.

Role: Co-Investigator

2003/08/01 - 2009/12/31

U01HL068955, National Heart, Lung, and Blood Institute

Brantley, Phillip J. (PI)

Weight Loss Maintenance Trial.

A multisite trial examining two behavioral interventions (internet-based and brief personal contacts primarily by telephone) for preventing weight regain in adults who have lost weight in a group behavioral program.

Role: Co-Investigator and Quality Assurance Officer.

2003/08/01 - 2004/06/30

Contract, LA State Grant

Martin, Pamela D. (PI)

Obesity Treatment and Prevention

A scientific report and summary of recommendations prepared for the Department of Health and Hospitals, Louisiana Obesity Task Force, and Louisiana Legislature. "Obesity Treatment Effectiveness: A response to Senate Resolution 153"

Role: Co-Principal Investigator.

1998/07/01 – 2002/01/31

R01MH052232, National Institute on Mental Health

Herbert, James D. (PI)

Cognitive Behavioral Therapy of Adolescent Social Phobia.

A randomized clinical trial comparing three different treatment conditions for social anxiety in adolescents aged 13-17 years.

Role: Research Associate and Project Coordinator.

Other Funded Grant Activity

T32AT004094, National Center for Complementary and Integrative Health

Brantley, Phillip J. (PI)

Training in Botanical Approaches to Combat Metabolic Syndrome

Role: Grant Writer.

T32DK064584, National Institute of Diabetes and Digestive and Kidney Diseases

Brantley, Phillip J. (PI)

Obesity: From Genes to Man II

Role: Grant Writer.

P30DK072476, National Institute of Diabetes and Digestive and Kidney Diseases

Ravussin, E. (PI)

Nutritional Programming: Environmental and Molecular Interactions

Role: Grant Writer.

PUBLICATIONS (Chronological)

ORIGINAL MANUSCRIPTS (PEER REVIEWED):

1. Boyer BA, Budel D, Jacobs S, Knolls ML, **Harwell VD**, Goscicka M, Keegan A. (2002). Posttraumatic stress in women with breast cancer and their daughters. American Journal of Family Therapy, 30, 232-238.
2. Herbert JD, Rheingold AA, Gaudiano BA, **Myers VH**. (2004). Standard versus extended cognitive behavior therapy for social anxiety disorder: A randomized-controlled trial. Behavioural and Cognitive Psychotherapy, 32, 131-147.
3. Herbert JD, Gaudiano BA, Rheingold AA, **Myers VH**, Dalrymple K, Nolan EM. (2005). Social skills training augments the effectiveness of cognitive behavioral group therapy for social anxiety disorder. Behavior Therapy, 36(2), 125-138.
4. Brantley PJ, **Myers VH**, Roy HJ. (2005). Environmental and lifestyle influences on obesity. Journal of the Louisiana State Medical Society, 156, 19-27.
5. Anderson KL, **Myers VH**, Broussard AP. (2006). Clinical case report: Extreme obesity with no option for surgery. Obesity Management, 2(5), 194-195.
6. **Myers VH**, Champagne CM. (2007). Nutritional effects on blood pressure. Current Opinion in Lipidology, 18, 20-24.

7. **Myers VH**, Boyer BA, Herbert JD, Barakat LP, Scheiner G. (2007). Fear of hypoglycemia and self reported posttraumatic stress in adults with diabetes type I treated by intensive regimens. Journal of Clinical Psychology in Medical Settings, 14(1), 11-21.
8. Stevens VJ, Funk KL, Brantley PJ, Erlinger TP, **Myers VH**, Champagne CM, Bauck A, Samuel-Hodge CD, Hollis JF. (2008). Design and implementation of an interactive website to support long-term maintenance of weight loss. Journal of Medical Internet Research, 10(1), 13-16.
9. Svetkey LP, Stevens VJ, Brantley PJ, Appel LJ, Hollis JF, Loria C, Vollmer WM, Gullion CM, Funk K, Smith P, Samuel-Hodge C, **Myers VH**, Lien LF, Laferriere D, Kennedy B, Jerome GJ, Heinith F, Harsha D, Evans P, Erlinger T, Dalcin AT, Coughlin J, Charleston J, Champagne CM, Bauck A, Ard JD, Aicher K for the Weight Loss Maintenance Collaborative Research Group. (2008). Comparison of strategies for sustaining weight loss: main results of the Weight Loss Maintenance randomized trial. Journal of the American Medical Association, 299(10), 1139-48.
10. Brantley PJ, Appel LJ, Hollis J, Stevens VJ, Ard J, Champagne CM, Elmer PJ, Harsha DW, **Myers VH**, Proschan MA, Vollmer WM, Svetkey LP. (2008). Design considerations and rationale of a multi-center trial to sustain weight loss: the Weight Loss Maintenance Trial. Clinical Trials, 5(5), 546-556.
11. Herbert JD, Gaudiano BA, Rheingold AA, Moitra E, **Myers VH**, Dalrymple KL, Brandsma LL. (2009). Cognitive behavior therapy for generalized social anxiety disorder in adolescents: A randomized controlled trial. Journal of Anxiety Disorders, 23(2), 167-177.
12. Ryan DH, Johnson WD, **Myers VH**, Prather TL, McGlone MM, Rood J, Brantley PJ, Bray GA, Gupta AK, Broussard AP, Barootes BG, Elkins BL, Gaudin DE, Savory RL, Brock RD, Datz G, Pothakamuri SR, McKnight GT, Stenlof K, Sjostrom LV. (2010). Non-surgical weight loss for extreme obesity in primary care settings: Results of the Louisiana Obese Subjects Study. Archives of Internal Medicine, 170(2), 146-154.
13. Funk KL, Stevens VJ, Appel LJ, Bauck A, Brantley PJ, Champagne CM, Coughlin JW, Dalcin AT, Harvey-Berino J, Hollis JF, Jerome GJ, Kennedy BM, Lien LF, **Myers VH**, Samuel-Hodge C, Svetkey LP, Vollmer WM. Associations of internet website use with weight change in a long-term weight loss maintenance program. (2010). Journal of Medical Internet Research, 12(3), e29.
14. Young DR, Coughlin J, Jerome GJ, **Myers V**, Chae SE, Brantley PJ. (2010). Effects of the PREMIER interventions on health-related quality of life. Annals of Behavioral Medicine, 40, 302-312.
15. Church TS, Blair SN, Cocreham S, Johannsen N, Johnson W, Kramer K, Mikus C, **Myers V**, Nauta M, Rodarte RQ, Sparks L, Thompson A, Earnest C. (2010). Effects of aerobic and resistance training on hemoglobin A1c levels in patients with type 2 diabetes. Journal of the American Medical Association, 304(20), 2253-2262.
16. Funk KL, Stevens VJ, Bauck A, Brantley PJ, Hornbrook M, Jerome GJ, **Myers VH**, Appel L. (2011). Development and implementation of a tailored self-assessment module in an internet-based weight loss maintenance program. Clinical Practice & Epidemiology in Mental Health, 7, 67-73.
17. Adams CE, **Myers VH**, Barbera BL, Brantley PJ. (2011). The role of fear of negative evaluation in predicting depression and quality of life four years after bariatric surgery in women. Psychology, 2(3), 150-154.
18. Champagne CM, Broyles ST, Moran LD, Cash KC, Levy EJ, Lin P, Batch BC, Lien LF, Funk KL, Dalcin A, **Myers VH**. (2011). Dietary intakes associated with successful weight loss and maintenance during the Weight Loss Maintenance Trial. Journal of the American Dietetic Association, 111, 1826-1835.

19. Fielding RA, Rejeski WJ, Blair S, Church T, Espeland MA, Gill TM, Guralnik JM, Hsu FC, Katula J, King AC, Kritchevsky SB, McDermott MM, Miller ME, Nayfield S, Newman AB, Williamson JD, Bonds D, Romashkan S, Hadley E, Pahor M; **LIFE Research Group**. (2011). The Lifestyle Interventions and Independence for Elders Study: design and methods. The Journals of Gerontology Series A: Biological Sciences and Medical Sciences, 66(11), 1226-1237.
20. **Myers VH**, Adams CE, Barbera BL, Brantley PJ. (2012). Medical and psychosocial outcomes of laparoscopic Roux-en-Y gastric bypass: Cross-sectional findings at 4-year follow-up. Obesity Surgery, 22, 230-239.
21. **Myers VH**, McVay MA, Adams CE, Barbera BL, Brashear MM, Johnson WD, Boyd PS, Brantley PJ. (2012). Actual medical and pharmacy costs for bariatric surgery: A six-year follow-up. Southern Medical Journal, 105(10), 530-537.
22. Swift DL, Johannsen NM, **Myers VH**, Earnest CP, Smits JAJ, Blair SN, Church, TS. (2012). The effect of exercise training modality on serum brain derived neurotrophic factor levels in individuals with type 2 diabetes. PLoS One, 7(8); e42785.
23. Harris MN, Swift DL, **Myers VH**, Earnest CP, Johannsen NM, Champagne, CM, Parker BD, Levy E, Cash KC, Church TS. (2013). Cancer survival through lifestyle change (CASTLE): a pilot study of weight loss. International Journal of Behavioral Medicine, 20(3), 403-412.
24. **Myers VH**, McVay MA, Champagne CM, et al. (2013). Weight loss history as a predictor of weight loss: Results from Phase I of the Weight Loss Maintenance Trial. Journal of Behavioral Medicine, 36(6), 574-582.
25. **Myers VH**, McVay MA, Brashear MM, Johannsen NM, Swift DL, Kramer K, Harris MN, Johnson WJ, Earnest CP, Church TS. (2013). Exercise training and quality of life in individuals with Type 2 diabetes: A randomized controlled trial. Diabetes Care, 36(7), 1884-1890.
26. Coughlin JW, Gullion CM, Brantley PJ, Stevens VJ, Bauck A, Champagne C, Dalcin AT, Funk KL, Hollis JF, Jerome GJ, Lien LF, Loria CM, **Myers VH**, Appel LJ. (2013). Behavioral mediators of treatment effects in the weight loss maintenance trial. Annals of Behavioral Medicine, 46(3), 369-381.
27. McVay MA, **Myers VH**, Vollmer WM, Coughlin JW, Champagne CM, Dalcin AT, Funk KL, Hollis JF, Jerome GJ, Samuel-Hodge CD, Stevens VJ, Svetkey LP, Brantley PJ (2013). Predictors of dietary change among those who successfully lost weight in phase I of the Weight Loss Maintenance Trial. Nutrition & Dietetics, 71(3), 144-151.
28. Rejeski WJ, Axtell R, Fielding R, Katula J, King AC, Manini TM, Marsh AP, Pahor M, Rego A, Tudor-Locke C, Newman M, Walkup MP, Miller ME; the **LIFE Study Investigator Group**. (2013). Promoting physical activity for elders with compromised function: the lifestyle interventions and independence for elders (LIFE) study physical activity intervention. Clinical Interventions in Aging, 8, 1119-1131.
29. Espeland MA, Katula JA, Rushing J, Kramer AF, Jennings JM, Sink KM, Nadkarni NK, Reid KF, Castro CM, Church T, Kerwin DR, Williamson JD, Marottoli RA, Rushing S, Marsiske M, Rapp SR; **LIFE Study Group**. (2013). Performance of a computer-based assessment of cognitive function measures in two cohorts of seniors. International Journal of Geriatric Psychiatry, 28(12), 1239-1250.
30. **ASPREE Investigator Group**. (2013). Study design of ASPirin in Reducing Events in the Elderly (ASPREE): a randomized, controlled trial. Contemporary Clinical Trials, 36(2), 555-564.

31. **Look AHEAD Research Group**, Wing RR, Bolin P, Brancati FL, Bray GA, et al. (2013). Cardiovascular effects of intensive lifestyle intervention in type 2 diabetes. New England Journal of Medicine, 11:369(2), 145-154.
32. Vaz Fragoso CA, Miller ME, Fielding RA, King AC, Kritchevsky SB, McDermott MM, **Myers V**, Newman AB, Pahor M, Gill TM for the Lifestyle Interventions and Independence in Elder Study Group (2014). Sleep-wake disturbances in sedentary community-dwelling elderly adults with functional limitations. Journal of the American Geriatrics Society, 62(6), 1064-1072.
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34. Vaz Fragoso CA, Beavers DP, Hankinson JL, Flynn G, Berra K, Kritchevsky SB, Liu CK, McDermott MM, Manini TM, Rejeski WJ, Gill TM, the **Lifestyle Interventions Independence for Elders Study Investigators** (2014). Respiratory impairment and dyspnea and their associations with physical inactivity and mobility in sedentary community-dwelling older persons. Journal of the American Geriatrics Society, 62(4), 622-628.
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60. **Myers VH**, Buller MA, Strickfaden S, Jerrod T, Hudson H. (2018). Pinpoint: Gaming technology to engage adolescent sickle cell patients in precision pain management. Annals of Behavioral Medicine, 52(Suppl 1), S302.
61. McLeod D, Myers V, Stetson B, Sheean P. (2018). Nuts and Bolts: A Practical Q&A about Your Education and Career Trajectory. Annals of Behavioral Medicine, 52(Suppl 1), S423.
62. Goldstein C, Alshurafa N, Spruijt-Metz D, Thomas G, Jake Schoffman D, Goldstein S, Wac K, **Myers VH**. (2018). The Digital Health Council & ETCDC Present Perspectives on Effective Digital Health Training in Behavioral Medicine. Annals of Behavioral Medicine, 52(Suppl 1).
63. Newton RL, **Myers VH**, Carter L, Griffith D. (2018). A mobile phone-based physical activity maintenance app for African American men: MobileMen. Annals of Behavioral Medicine, 52(Suppl 1), S435.
64. Jackson J, Castro Sweet C, Coa K, Foster G, Matakotta J, **Myers V**, Place S, Keefe B, Osborn C, Wolin K. (2018, April). Speed networking your career options: Non-academic paths for behavior scientists. Annals of Behavioral Medicine, 52 (Suppl 1).
65. Loeb SJ, **Myers VH**, Kitt-Lewis E, Wion RK, Jerrod T, Carter M. (2019). Developing geriatric and end-of-life E-training for inmate peer caregivers. Implementation Science, 14(Suppl 1), 27.
66. **Myers VH**, Loeb SJ, Kitt-Lewis E, Wion RK, Murphy JL, Jerrod T, Carter M (2019). E-training of inmate peer caregivers for enhancing geriatric and end-of-life care in prisons. Annals of Behavioral Medicine, 53 (Suppl 1), S257.

CONFERENCE PRESENTATIONS

1. Maffie K, Herbert J, Rheingold AA, Dalrymple K, Goldstein S, Darze F, Greenberg R, **Harwell VD**, Sharp I. (1999, November). Cognition and social skills in adults with social phobia. Poster presented at annual meeting of the Association for the Advancement of Behavior Therapy, Toronto, Canada.
2. Herbert J, Goldstein S, Rheingold A, Christian R, Hartfield C, Maffie K, Darze F, Greenberg R, Sharp I, **Harwell V**. (1999, March). Brief treatment for social phobia. Paper presented at annual School of Health Professions Research and Scholarship Conference, MCP Hahnemann University, Philadelphia.
3. Sharp IR, Herbert JD, **Harwell VD**, Rheingold AA, Gaudiano BA, Makin-Byrd K. (2000, November). Avoidance as a predictor of depressive symptoms in primary social phobia. Poster presented for annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans.
4. Greenberg-Saluck R, Herbert JD, Rheingold AA, **Harwell VD**, Woldoff-Coppola S, Crittenden K. (2000, November). Brief FNE: Preliminary psychometric findings. Poster presented for annual meeting of the Association for the Advancement of Behavior Therapy, New Orleans.
5. Kleinknecht RA, Herbert JD, Dinnel D, **Harwell VD**. (2001, July). Comparison between DSM-IV type social phobia and taijin kyofusho in a clinical treatment sample. Poster presented for annual meeting of the World Congress of Behavioral and Cognitive Therapies, Vancouver, Canada.

6. **Harwell VD**, Herbert JD, Brandsma LL, Dalrymple K, Cardaciotto L, Crittenden K. (2001, November). Research utilization among mental health professionals. Poster presented for annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia.
7. Gaudiano BA, Herbert JD, **Harwell VD**. (2001, November). Psychometric evaluation of a new self-efficacy scale for social situations. Poster presented for annual meeting of the Association for the Advancement of Behavior Therapy, Philadelphia.
8. Coppola SB, Herbert JD, Greenburg-Saluck R, **Harwell VD**. (2001, April). The reliability of the global assessment of functioning scale in multiple-raters situations. Poster presented for annual meeting of the Eastern Psychological Association, Washington, D.C.
9. Coppola S, **Harwell VD**. (2001, April). Anxiety disorders and assessment in college-aged populations. In J. Kloss (Chair), Emotional, Behavioral, and Physical Health Among College Students. Symposium conducted at the annual meeting of the Eastern Psychological Association, Washington, D.C.
10. Herbert JD, Rheingold AA, Gaudiano BA, **Harwell VD**. (2002, November). Does increasing the time between sessions improve the efficacy of CBT for social anxiety disorder? In J. Huppert (Chair), Variations in CBT for Social Phobia: Optimizing Treatment Outcomes. Symposium conducted for the annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
11. Herbert JD, Gaudiano BA, Rheingold AA, **Myers VH**, Dalrymple K, Nolan EM, Crittenden K, Cardaciotto L, Carleton M, Murray H. (2003, November). Social skills training augments the effectiveness of cognitive behavioral group therapy for social anxiety disorder. In E. Foa (Chair), Treatment of Group Social Phobia. Symposium accepted for the annual meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
12. **Myers VH**, Boyer BA, Herbert JD, Schneider G. (2004, March). Adults with Type I diabetes: Posttraumatic stress related to hypoglycemia. Paper presented for annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
13. Brantley PJ, Appel LJ, Coughlin J, Elmer PJ, Heinberg LJ, Kennedy BM, **Myers VH**, Samuel-Hodge C, Stevens VJ. (2005, April). Psychosocial predictors of weight outcomes in the PREMIER Trial. Poster presented for the annual meeting of the Society for Behavioral Medicine. Boston, MA.
14. Stevens VJ, Funk K, Brantley P, Erlinger TP, **Myers VH**, Champagne C, Samuel-Hodge C, Diller L. for the WLM Research Group. (2005, June). Design and implementation of an interactive web-site designed to facilitate long-term maintenance of weight loss. Presentation for the annual meeting of the Critical Issues in eHealth Research Conference. Bethesda, MD.
15. Stevens VJ and the WLM Research Group. (2005, October). Using an interactive web-site to facilitate long-term weight loss maintenance. Poster presented for the annual meeting of the North American Association for the Study of Obesity. Vancouver, Canada.
16. Datz G, Ryan DH, **Myers VH**, Barbera BL, Palcic JL, Brock R, Redmann S, Brantley PJ. (2006, March). Louisiana Obese Subjects Study (LOSS): A pragmatic clinical trial for class III obesity. Poster presented for the annual meeting of the Society for Behavioral Medicine. San Francisco, CA.
17. Brantley PJ, Appel LJ, Hollis JF, Stevens VJ, Ard J, Champagne CM, Elmer PJ, Harsha DW, **Myers VH**, Proschan MA, Vollmer WM, Svetkey LP. (2006, March). Weight Loss Maintenance (WLM): Design and rationale of a multi-center trial to sustain weight loss. Poster presented for the annual meeting of the Society for Behavioral Medicine. San Francisco, CA.

18. Ryan DH, Brantley PJ, **Myers VH**, Gupta A, Broussard A, Barootes B, Elkins B, Gaudin D, Savory R, Redmann S, Brock R. for Pennington Management of Clinical Trials. (2006, September). Louisiana Obese Subjects Study (LOSS): Weight loss with an intensive medical intervention directed by primary care physicians. Poster presented for the annual meeting of the International Congress on Obesity, Sydney, Australia.
19. Ryan DH, Brantley PJ, **Myers VH**, Datz G, Gupta A, Broussard A, Barootes B, Brown-Manning C, Elkins B, Gaudin D, Savory R, Redmann S, Brock R, Magnusson A, Stenlof K, Sjostrom, L. (2006, October). Louisiana Obese Subjects Study (LOSS): Weight loss with an intensive medical intervention directed by primary care physicians. Poster presented for the annual meeting of the North American Association for the Study of Obesity, Boston, MA.
20. Young DR, Jerome G, Coughlin J, Lee S, **Myers V**, Brantley P, Stevens VJ. (2007, March). Effects of lifestyle interventions on quality of life at 6 and 18 Months: Results from PREMIER. Paper presented at the annual meeting of the American Heart Association Conference on Cardiovascular Disease Epidemiology and Prevention in association with the Council on Nutrition, Physical Activity, and Metabolism, Orlando, FL.
21. Ryan DH, Brantley PJ, **Myers VH**, Datz G, Gupta A, Broussard A, Barootes B, Elkins B, Gaudin D, Savory R, Alfonso A, Brock R, Hudnall T, Stenlof K, Sjostrom L. (2007, October). Louisiana Obese Subjects Study (LOSS): One Year Weight Loss with an Intensive Medical Intervention Directed by Primary Care Physicians. Poster presented for the annual meeting of the North American Association for the Study of Obesity.
22. **Myers VH**, Brantley PJ, Gullion CM, Coughlin J, Funk K, Hollis J, Jerome G, Samuel-Hodge C, Stevens V, Svetkey L. (2007, October). Psychosocial Predictors of Weight Loss: Results from Phase I of the Weight Loss Maintenance Trial. Poster presented for the annual meeting of the North American Association for the Study of Obesity, New Orleans.
23. Funk K, Stevens VJ. for the Weight Loss Maintenance Trial Collaborative Research Group. (2007, October). Participant use of a weight loss maintenance website over 2 ½ years. Poster presented for the annual meeting of the North American Association for the Study of Obesity, New Orleans.
24. Svetkey LP, Stevens VJ, Brantley PJ, Appel LJ, Hollis JF, Loria CM, Vollmer WM, Gullion CM, Funk K. for the Weight Loss Maintenance Collaborative Research Group. (2008, March) Strategies for sustaining weight loss: Findings from the Weight Loss Maintenance Trial. Paper presented for the annual CVD Epidemiology and Prevention Conference and Nutrition, Physical Activity and Metabolism Conference. Colorado Springs, CO.
25. Jerome G, Young DR, Coughlin JW, Brantley PJ, **Myers VH**, Appel LJ. (2008, March). Relationships between social support for exercise and physical fitness by sex and race. Poster presented for the CVD Epidemiology and Prevention Conference and Nutrition, Physical Activity and Metabolism Conference. Colorado Springs, CO.
26. **Myers VH**, Brantley PJ. for the Weight Loss Maintenance Trial Collaborative Research Group. (2008, March) Predictors of dietary pattern and physical activity: Results from Phase I of the Weight Loss Maintenance Trial. Paper presented for the annual meeting of the Society for Behavioral Medicine. San Diego, CA.
27. Young D, Brantley P, Coughlin J, **Myers V**, Jerome G. (2008, October). Change in quality of life by weight loss achievement. Poster presented for the 2008 annual meeting of The Obesity Society, Phoenix, AZ.

28. Brantley PJ, **Myers VH**, Stevens V, Funk F, Champagne C, Kennedy B, Samuel-Hodge C, Jerome G, Coughlin J, Barbera B, Hollis J. (2008, October). Predictors of weight change among participants in the personal contact intervention of the Weight Loss Maintenance Trial. Poster presented for the annual meeting of The Obesity Society, Phoenix, AZ.
29. Funk K, Stevens V, Brantley P, Myers V, Bauck A, Hollis J, Champagne C, Vollmer W, Dalcin A, Samuel-Hodge C, Svetkey L, Lien L, Jerome G, Coughlin J, Kennedy B. (2008, October). Website use and predictors of weight change in the interactive technology intervention of the Weight Loss Maintenance Trial. Poster presented for the annual meeting of The Obesity Society, Phoenix, AZ.
30. **Myers VH**, Brantley PJ, Champagne C, Funk K, Coughlin J, Jerome G, Loria C. (2008, October). Weight loss history as a predictor of weight loss: Results from phase I of the Weight Loss Maintenance Trial. Poster presented for the annual meeting of The Obesity Society, Phoenix, AZ.
31. Ryan D, Johnson W, **Myers V**, Brantley P, Gupta A, Broussard A, Barootes B, Elkins B, Gaudin D, Savory R, Datz G, Pothakamuri S, Barbera B, Hudnall T, Stenlof K, Sjostrom L. (2008, October). Weight loss in class III obese adults in primary care settings: Results of the Louisiana Obese Subjects Study (LOSS). Paper presented for the annual meeting of The Obesity Society, Phoenix, AZ.
32. Barootes B, Ryan D, **Myers V**, Johnson W, Brantley P, Gupta A, Broussard A, Elkins B, Gaudin D, Savory R, Datz G, Pothakamuri S, Barbera B, Hudnall T, Stenlof K, Sjostrom L. (2008, November). Louisiana Obese Subjects Study (LOSS): Weight loss with an intensive medical intervention directed by primary care physicians. Poster presented for the annual meeting of the Family Medicine Forum, Toronto, Canada.
33. Herbert JD, Gaudiano BA, Rheingold AA, Moitra E, **Myers VH**, Dalrymple KL, Brandsma LL. (2008, November). Cognitive behavior therapy for generalized social anxiety disorder in adolescents: A randomized controlled trial. In Y. Bohr (Chair), Cognitive Behavior Approaches with Children and Youths: From Research Trials to Community Based Adaptations. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, Florida.
34. Brantley PJ, **Myers VH**, Ard J, Coughlin J, Gullion C, Jerome G, Samuel-Hodge C. (2009, April). Psychosocial predictors of weight maintenance: Results from the Weight Loss Maintenance Trial. Paper presented for the annual meeting of the Society for Behavioral Medicine. Montreal, Canada.
35. Ryan D, Johnson W, **Myers V**, McGlone M, Rood J, Brantley P, Bray G, Stenlof K, Sjostrom L. (2009, May). Non-surgical weight loss for extreme obesity: Results of the Louisiana Obese Subjects Study (LOSS). Paper presentation for the annual meeting of the European Congress on Obesity, Amsterdam, the Netherlands.
36. Brantley P, **Myers V**, Stevens V, Funk K, Champagne C, Kennedy B, Samuel-Hodge C, Jerome G, Coughlin J, Barbera B, Hollis J, Vollmer W, Svetkey L. (2009, June). Predictors of weight maintenance success among participants in the personal contact intervention of the Weight Loss Maintenance Trial. Poster presented for the annual meeting of the International Society for Behavioral Nutrition and Physical Activity, Lisbon, Portugal.
37. **Myers VH**, Brantley PJ, Barbera BL, Adams CE, Johnson WD, McGlone M, McKnight GT. (2009, October). The Louisiana Office of Group Benefits four-year follow-up study: Comparison of medical and pharmacy costs in a sample of bariatric patients. Paper presentation for the annual meeting of The Obesity Society, Washington, D.C.
38. **Myers VH**, Brantley PJ, Barbera BL, Adams CE, Johnson WD, McGlone M, McKnight GT. (2009, October). Medical and psychosocial outcomes of bariatric surgery: The Louisiana Office of Group Benefits four year follow-up study. Poster presented for the annual meeting of The Obesity Society, Washington, D.C.

39. **Myers VH**, Ryan D, Johnson WD, Gupta A, Brantley PJ, McGlone M, Barbera BL. (2009, October). Medical and pharmacy costs in class III obese adults: Intensive weight loss intervention vs. usual care results of the Louisiana Obese Subjects Study (LOSS). Poster presented for the annual meeting of The Obesity Society, Washington, D.C.
40. Adams CE, **Myers VH**, Barbera BL, Brantley PJ. (2009, November). The role of fear of negative evaluation in predicting depression and quality of life among individuals four years after bariatric surgery. Poster presented for the annual meeting for the Association of Behavior and Cognitive Therapies, New York.
41. **Myers VH**, Ryan DH, Kaiser M, Butler M, Brantley PJ. (2010, April). The Lifestyle Change Program (TLC): A translation of the Diabetes Prevention Program to a primary care setting for at-risk and disadvantaged patients. Poster presented for the annual meeting of the Society for Behavioral Medicine, Seattle, WA.
42. **Myers VH**, Ryan DH, Johnson WD, Leonardi C, Barbera BL, Datz G, Brantley PJ. (2010, October). Psychosocial functioning of class III obese adults in primary care settings: Results from the Louisiana Obese Subjects Study (LOSS). Poster presented for the annual meeting of The Obesity Society, San Diego, CA.
43. Brantley PJ. for the Weight Loss Maintenance Collaborative Research Group (2011, February). Five year results for the Weight Loss Maintenance Trial. Poster presented for the American Heart Association Joint Conference - Nutrition, Physical Activity and Metabolism and Cardiovascular Disease Epidemiology and Prevention. Atlanta, GA.
44. **Myers VH**, Barbera BL, Adams CE, Johnson WD, Brashear MM, McVay MA, McKnight GT, Brantley PJ. (2011, April). Comparison of medical and pharmacy costs in adults with extreme obesity with and without bariatric surgery. Poster presented for the annual meeting of the Society for Behavioral Medicine, Washington D.C.
45. Nauta MM, Swift D, **Myers VH**, Earnest CP, Champagne CM, Parker BD, Levy E, Cash K, Church TS. (2011, April). Cancer survival through weight loss and exercise. Poster presented for the annual meeting of the Society for Behavioral Medicine, Washington D.C.
46. Brantley PJ, **Myers VH**, Harsha D, Ryan D, McVay M, Boyd P, Rhode P. (2011, June). Health costs associated with obesity among insured adults in Louisiana. Paper presentation for the Hawaii International Conference on Social Sciences, Honolulu, HI.
47. Brantley PJ, **Myers VH**, Harrington D, Silgado J. (2011, August). Postdoctoral professional development series at Pennington Biomedical Research Center (PBRC). Poster presented for the Office of Research Integrity (ORI) National Conference, Washington, D.C.
48. **Myers VH**, McVay MA, Brashear MM, Swift DL, Kramer K, Brantley PJ, Johnson WD, Church TS. (2011, October). The effects of aerobic and resistance training on quality of life in persons with Type 2 diabetes: Results from the HART-D study. Poster presented for the annual meeting of The Obesity Society. Orlando, FL.
49. Castro CM, Graves K, **Myers VH**. (2012, April). Leadership boot camp for junior and mid-career investigators: Cultivate the essential skills and best practices of extraordinary leaders. Pre-conference training program presented for the annual meeting of the Society of Behavioral Medicine. New Orleans, LA.
50. Champagne CM, Broyles S, **Myers VH**, Funk K, Brantley PJ. (2012, April) What data suggests that protein may be effective for weight loss? Poster presented for the annual meeting of Experimental Biology. San Diego, CA.

51. Brantley PJ, **Myers VH**, Johnson WD, Han H, Coughlin JW, Funk KL, Stevens VJ, Hollis JF, Samuel-Hodge CD, Jerome GJ. (2012, August). Psychosocial changes during weight loss and subsequent weight regain. Poster presented for the annual meeting of the International Congress of Behavioral Medicine. Budapest, Hungary.
52. **Myers VH**, McVay MA, Adams CE, Barbera BL, Brashear MM, Johnson WD, Boyd PS, Brantley PJ. (2012, September). Medical and pharmacy costs for bariatric surgery: A six-year follow-up. Poster presented for the annual meeting of The Obesity Society. San Antonio, TX.
53. **Myers VH**, Harris MN, Boyd P, Brock R, Xie W, Johnson W, Ryan D, Church T, Brantley P. (2013, March). Psychosocial functioning of Class III obese adults: Results from the HEADS UP Study. Poster presented for the annual meeting of the Society of Behavioral Medicine. San Francisco, CA.
54. Harris MN, **Myers VH**, Brock R, Millet H, Brantley P, Xie W, Johnson W, Ryan D, Church T. (2013, March). The Heads Up Study: Self-report physical activity as predictors of physical function in obese adults. Poster presented for the annual meeting of the Society of Behavioral Medicine. San Francisco, CA.
55. **Myers VH**, Champagne CM (2013, April). The "Weight" is over: Using behavioral and motivational approaches to promote weight loss. Workshop at the annual symposium of the Sports, Cardiovascular, and Wellness Nutrition (SCAN) meeting of the Academy of Nutrition and Dietetics. Chicago, IL.
56. Newton RL, Shapiro ME, Johnson WD, Brantley PJ, **Myers VH**. (2013, November). Psychosocial status in relation to ethnic differences in weight loss of severely obese women: The Heads Up Project. Poster presented for the annual meeting of The Obesity Society. Atlanta, GA.
57. Brantley PJ, Matthews-Ewald MR, Myers VH, Church TS, Ryan DH (2013, November). Why patients seek bariatric surgery: Does insurance coverage matter? Poster presented for the annual meeting of The Obesity Society. Atlanta, GA.
58. Sink KM, Castro CM, Church T, Gill TM, Henkin L, Kerwin DR, Manini T, **Myers VH** (2013, November). LIFE-Cognition: design and baseline data. Poster presented for the annual meeting of the Gerontological Society of America. New Orleans, LA.
59. Matthews-Ewald MR, Brantley PJ, Harris MN, **Myers V**, Newton R, Champagne C. (2014, March). Is there a relationship between the psychological influence of the highly palatable food environment and weight loss attempts? Poster presented for the annual of the American Heart Association's Epidemiology and Prevention/Nutrition, Physical Activity, and Metabolism. New Orleans, LA.
60. **Myers VH**, Harris MN, Boyd P, Brock R, Newton R, Matthews-Ewald M, Liu W, Ryan D, Church T, Brantley P. (2014, May). Influence of baseline psychosocial functioning on weight loss among obese adults. Poster presented for the annual meeting of the Society of Behavioral Medicine. Philadelphia, PA.
61. Harris MN, Church T, **Myers V**, Matthews-Ewald M, Brock R, Dufour C, Burton J, Johnson WD, Ryan D, Brantley (2014, May). The Heads Up Study: Predictors of weight loss success using a low calorie diet with severely obese adults. Poster presented for the annual meeting of the Society of Behavioral Medicine. Philadelphia, PA.
62. Brantley, PJ for the Heads Up Project Team. (2014, July). Hedonic hunger decreases 6 months after bariatric surgery, irrespective of surgical procedure. Poster accepted for the annual meeting of the International Congress of Applied Psychology. Paris, France.

63. Brantley PJ, Church TS, Matthews-Ewald MR, Brock R, Champagne C, Harris M, **Myers V**, Newton R, McKnight T, Ryan D. (2014, November). Heads Up: a statewide translation of surgical and nonsurgical weight management reimbursed by insurance. Poster presented for the annual meeting of The Obesity Society. Boston, MA.
64. Brock, R, Ryan D, Matthews-Ewald M, Brantley P, Harris M, **Myers V**, Newton R, Champagne C, Johnson W. (2014, November). Methods of prior weight loss attempts by adults seeking weight loss surgery. Poster presented for the annual meeting of The Obesity Society. Boston, MA.
65. Harris MN, Myers V, Brock R, Boyd P, Ryan D, Church T, Brantley P. (2015, March). Design and implementation of a state-wide primary care program for intensive weight management. Paper presented to the annual meeting of the Society of Behavioral Medicine. San Antonio, TX.
66. Myers VH, Brantley PJ, Waldo KK, Newton RL, Harris MN, Boyd PS, Brock RD, Champagne CM, Matthews-Ewald MR, Johnson WD, Zhang D, Church TS, Ryan DH. (2015, March). The influence of weight loss on sleep improvement in obese adults: Results from the Heads Up study. Paper presented to the annual meeting of the Society of Behavioral Medicine. San Antonio, TX.
67. Myers VH, Fluharty L, Burris S, Shane J. (2015, March). Healthy Detours: A location-based services app to promote healthy choices among college students. Poster presented to the annual meeting of the Society of Behavioral Medicine. San Antonio, TX.
68. Brantley PJ, Harris MN, Myers VH, Newton RL, Brock R, Johnson WD, Beyl R, Champagne CM. (2015, July). Response to food following surgical and nonsurgical weight loss. Poster presented to the annual meeting of the International Society of Behavioral Nutrition and Physical Activity. Edinburgh, Scotland.
69. Glynn N, de Rekeneire N, Fielding R, King A, Lange-Maia B, Lovato L, Manini T, Myers V, Nicklas B, Pahor M, Rejeski J, Santanasto A, Spring B. (2015, May). Role of fatigue on the effectiveness of a physical activity intervention at preventing mobility disability. Poster presented to the annual meeting of the American College of Sports Medicine. San Diego, CA.
70. Beach WA, Dozier DM, Buller MK, Gutzmer K, Fluharty L, **Myers VH**, Buller DB. (2015, May). The Conversations about Cancer (CAC) Project – Phase II: National findings from a randomized control trial. Paper presented to the annual meeting of the International Communication Association. San Juan, Puerto Rico.
71. Brantley PJ, **Myers VH**, Newton RL, Ryan DH, Brock R, Harris MN, Beyl R, Cuellar A, Cazes E, Church T. (2015, November). Psychosocial and behavioral changes among adults receiving bariatric surgery in the Heads Up Project. Poster presented to the annual meeting of The Obesity Society. Los Angeles, CA.
72. Harris MN, **Myers VH**, Brock R, Ryan D, Church T, Brantley P. (2016, April). Translating intensive weight management intervention to state-wide primary care clinics. Poster presented to the annual meeting of The Society of Behavioral Medicine. Washington, D.C.
73. **Myers VH**, Brantley P, Waldo K, Newton RL, Harris MN, Boyd P, Brock R, Champagne C, Matthews-Ewald M, Johnson WD, Zhang D, Church T, Ryan R. (2016, April). The impact of weight loss through surgical and nonsurgical approaches on sleep outcomes: Results from the Heads Up Study. Poster presented to the annual meeting of The Society of Behavioral Medicine. Washington, D.C.
74. Loeb SJ, Penrod J, **Myers V**, Burris S, Baney B. (2016, April). Enhancing care of the aged and dying in prison through nursing science and technological innovations. Poster presented to the annual meeting of the Eastern Nursing Research Society. Pittsburgh, PA.

75. **Myers VH.** (2016, June). Retention and adherence in exercise randomized controlled trials. In C. Rethorst (Chair), *Conducting Randomized Controlled Trials in Exercise and Mental Health*. Symposium conducted for the annual meeting of the American College of Sports Medicine, Boston, MA.
76. Buller MK, Burris S, **Myers VH**, Beach W. (2016, October). Design and testing of a website to build cancer communication skills. Poster presented to the annual meeting of the UICC World Cancer Congress. Paris, France.
77. **Myers VH**, Fluharty L, Fultineer C, Strickfaden SM. (2017, March). Caminemos juntas: A location-based smartphone app for Latinas to connect with nearby walking partners. Paper presented at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.
78. Guan W, **Myers VH** Harris MN, Brantley P, Beyl R, Newton RL. (2017, March). Comparing changes to hedonic hunger following a surgical and non-surgical weight loss intervention. Poster presented at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.
79. **Myers VH**, Fultineer C, Strickfaden SM, Galvan A. (2017, March). Formative research outcomes for the smart television exercise program for independent living facilities study (Step for Life). Paper presented at the annual meeting of the Society of Behavioral Medicine. San Diego, CA. *citation award
80. **Myers VH**, Loeb SJ, Baney BL, Strickfaden SM, Penrod J (2017, March). The aging and dying in prisons (ECAD-P): Usability outcomes for an end-of-life technology training in prisons. Poster presented at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.
81. **Myers VH**, Peterson E, Stetson B, Maher J. Soto S. (2017, March). Education, Training, and Career Development Council and Student SIG Present: The pursuit of a postdoc: how to identify and prepare for the position room. Panel Discussion presented at the annual meeting of the Society of Behavioral Medicine. San Diego, CA.
82. Loeb SJ, **Myers V**, Baney B, Strickfaden S, Kitt-Lewis E, Wion R, Penrod J. (2017, October). Going to scale: Shaping care of aged and dying prisoners. Poster presentation for the annual American Academy of Nursing's 2017 Transforming Health, Driving Policy Conference. Washington, DC.
83. Loeb SJ, **Myers V**, Baney B, Strickfaden S, Kitt-Lewis E, Wion R, Jerrod T, Penrod J. (2017, December). Enhancing care of the aged and dying in prisons: The process of going to scale. Paper presentation for the 10th Annual Conference on Dissemination and Implementation_in Health. Arlington, VA.
84. **Myers VH**, Newton RL, Jerrod T. (2018, January). Healthy Detours: A location-based services app to promote healthy choices among college students. Paper presented to the annual meeting of NASPA-Student Affairs Administrators in Higher Education. Portland, OR.
85. Loeb SJ, Kitt-Lewis E, **Myers VH**. (2018, April). Development of computer-based training for inmate peer caregivers through nursing science and technological innovations. Paper presented at the annual meeting of the Eastern Nursing Research Society. Newark, NJ
86. **Myers V**, Loeb SJ, Kitt-Lewis E, Jerrod T, Strickfaden S, Wion RK, Penrod J. (2018, April). What works in corrections: Front-line insights on computer-based training. Poster presented to the Society of Behavioral Medicine. New Orleans, LA.
87. **Myers VH**, Buller MA, Strickfaden S, Jerrod T, Hudson H. (2018, April). Pinpoint: Gaming technology to engage adolescent sickle cell patients in precision pain management. Poster presented at the annual meeting of the Society of Behavioral Medicine. New Orleans, LA.

88. McLeod D, Myers V, Stetson B, Sheean P. (2018, April). Nuts and Bolts: A Practical Q&A about Your Education and Career Trajectory. Panel Discussion presented at the annual meeting of the Society of Behavioral Medicine. New Orleans, LA.
89. Goldstein C, Alshurafa N, Spruijt-Metz D, Thomas G, Jake Schoffman D, Goldstein S, Wac K, **Myers VH**. (2018, April). The Digital Health Council & ETCD Present Perspectives on Effective Digital Health Training in Behavioral Medicine. Panel Discussion presented at the annual meeting of the Society of Behavioral Medicine. New Orleans, LA.
90. Newton RL, **Myers VH**, Carter L, Griffith D. (2018, April). A mobile phone-based physical activity maintenance app for African American men: MobileMen. In Using mHealth and eHealth Interventions to Reduce Health Disparities: From Cancer Prevention to Cancer Survivorship. Symposium presented for the annual meeting of the Society of Behavioral Medicine. New Orleans, LA.
91. Jackson J, Castro Sweet C, Coa K, Foster G, Maticotta J, **Myers V**, Place S, Keefe B, Osborn C, Wolin K. (2018, April). Speed networking your career options: Non-academic paths for behavior scientists. Panel Discussion presented at the annual meeting of the Society of Behavioral Medicine. New Orleans, LA.
92. Kong A, Woodall GW, Zimet G, Reither J, **Myers V**, Buller D, Starling R, Chilton L, Ginossar T. (2018, May). Improving HPV vaccine uptake with digital interventions. Paper presented at the NCI Cancer Center HPV Vaccination Meeting. Washington, DC.
93. Loeb S, **Myers V**, Kitt-Lewis E. (2018, October). Developing and testing an e-training package to enhance care of aged and dying prisoners. Poster presented at the annual meeting of the National Commission on Correctional Health Conference. Las Vegas, NV.
94. **Myers VH**. (2018, November). Technology, social media, and behavior change. In Using Technology to Advance Your Mission. Symposium presented for the annual meeting of the Colorado Cancer Coalition. Lakewood, CO.
95. Loeb SJ, **Myers VH**, Kitt-Lewis E, Wion RK, Jerrod T, Carter M. (2018, December). Developing geriatric and end-of-life E-training for inmate peer caregivers. Poster presented at the annual meeting of the 11th Annual Conference on the Science of Dissemination and Implementation in Health. Washington, D.C.
96. Woodall GW, Zimet G, Reither J, Kong A, Buller D, Chilton L, **Myers V**, Starling R, Ginossar T. (2018, December). Vacteens: Results from ongoing trials of mobile web apps to improve vaccine uptake. Poster presented at the annual meeting of EUROGIN International Multidisciplinary HPV Congress. Lisbon, Portugal.
97. **Myers VH**, Loeb SJ, Kitt-Lewis E, Wion RK, Murphy JL, Jerrod T, Carter M (2019, March). E-training of inmate peer caregivers for enhancing geriatric and end-of-life care in prisons. Paper presented at the annual meeting of the Society of Behavioral Medicine. Washington, D.C.
98. Remmert J, Cohen J, **Myers VH**, Stetson B, Aguinaga S, Kalpinski R, Duncan J. (2019, March). SBM student Special Interest Group breakfast roundtable. Panel presentation at the annual meeting of the Society of Behavioral Medicine. Washington, D.C.
99. Castro-Sweet C, Adams R, Trudeau KJ, Patrick H, LaGuardia J, Cerrada C, Wolin K, Osborn C, Keefe B, **Myers VH**, Sheats JL, Oser M, Glaser D, Sucala M, Grupski A. (2019, March). The Digital Health Council presents Industry Speed Networking. Roundtable presentation at the annual meeting of the Society of Behavioral Medicine. Washington, D.C.

100. **Myers VH.** (2019, March). Technology and health behavior. In Innovative Strategies for Enhancing Participant Engagement, Intervention Delivery, and Data Collection. Symposium presented for the annual meeting of the American Society of Preventive Oncology. Tampa, FL.
101. Loeb SJ, **Myers VH**, Kitt-Lewis E, Wion RK, Jerrod T, Carter M, Murphy JL. (2019, April). Inmate caregiver training in geriatrics and end of life: Determining priority content. In Transforming Nursing Science in Correctional Health: Nurse Scientists' Innovative Contributions to Knowledge, Practice, and Education. Symposium presented for the annual meeting of the Eastern Nursing Research Society. Providence, RI.
102. Loeb SJ, **Myers VH**, Kitt-Lewis E. (2019, May). Research, development, & testing of an E-training package to enhance care of aged and dying incarcerated people. Poster presented to the annual Pennsylvania State University Family and Community Medicine Symposium. State College, PA.
103. Kitt-Lewis E, Loeb SJ, **Myers VH**, Jerrod T, Murphy JL, Wion RK, Kowalchik K. (2019, May). Developing E-training for incarcerated people who care for their aged and dying peers. Poster presented to the annual Pennsylvania State University Family and Community Medicine Symposium. State College, PA.

WORKSHOPS and INVITED PRESENTATIONS

Social Phobia Program Presenter. (May 1998-June 2002). Adolescent mood and anxiety disorders presentations to regional school faculty meetings, PTA/HSA meetings, guidance counselor meetings, school classrooms, and health fairs.

Herbert JD, **Harwell VD**, Coppola S, Cardaciotto L, Dalrymple K. (October 2000). Social anxiety disorder in adolescence. Workshop presented to the Haverford School District, Haverford, PA.

Harwell VD, Boyer BA. (April 2001). Psychological effects of prenatal and environmental drug exposure on children. Presentation to the Foster Parents Association of Delaware County, Upper Darby, PA.

Harwell VD, Crittenden K. (May 2001). Social anxiety disorder. Presentation at the Drexel University "Wellness 2001: Mind, Body, and Soul" Health Fair, Philadelphia, PA.

Harwell VD. (April 2002). Common psychiatric disorders among children in foster care. Presentation to the Foster Parents Association of Delaware County, Upper Darby, PA.

Myers VH. (September 2003). Promoting physical activity in primary care settings. Presentation to the Department of Internal Medicine at LSU School of Medicine, New Orleans, LA.

Myers VH. (October 2003). Women and Depression. Presentation at the Irene W. Pennington Wellness Day for Women, Baton Rouge, LA.

Myers VH. (February 2004). Research Design. Presentation to the Family Medicine Residency Program at Baton Rouge General Medical Center, Baton Rouge, LA.

Martin PD, Sothorn MS, **Myers VH.** (April 2004). Treatment and prevention of obesity in Louisiana: Response to Senate Concurrent Resolution 153. Presentation to the Louisiana State Legislature Joint Committee on Health and Welfare, Baton Rouge, LA.

Myers VH. (August 2004). Obesity and the Workplace: Costs of Epidemic Proportions. Three-hour continuing education obesity workshop presented on behalf of the Louisiana Business Group on Health.

Myers VH. (October 2004). Women and Depression: Understanding and Coping with the Gender Gap. Presentation at the Irene W. Pennington Wellness Day for Women, Baton Rouge, LA.

Myers VH. (January 2005). Stress in the Workplace. Presentation to the 2005 Annual Conference for the Louisiana Environmental Health Association, St. Francisville, LA.

Myers VH. (February 2005). Health Behavior Change. Six-hour continuing education workshop focused on health behavior change and lifestyle interventions for common maladaptive health behaviors (obesity, smoking, stress, etc.) presented on behalf of Wellness Works of CENLA, Alexandria, LA.

Myers VH. (April 2005). Louisiana's Bad Habits: Obesity. Presentation on behalf of the League of Women Voters-Louisiana 2005 Health Care Reform: The Facts and The Reality in Louisiana, Shreveport, LA.

Myers VH. (August 2005). ALS Research Update. Presentation and expert panelist at the First Annual Patient Education Symposium. ALS Association Louisiana, Baton Rouge, LA.

Myers VH. (October 2005). Survey Research Methods. Presentation to the Family Medicine Residency Program at Baton Rouge General Medical Center, Baton Rouge, LA.

Myers VH. (April 2006). Stress: Understanding and Combating It. Presentation to the 2006 Annual Louisiana Master Gardener State Conference, Baton Rouge, LA.

Myers VH. (July 2006). Louisiana's Bad Habits: Obesity. Presentation to the Louisiana Conference of Health and Social Services Delegate Assembly, Gonzales, LA.

Myers VH. (July 2006). Biopsychosocial Considerations for the ALS Patient and Caregiver. Presentation for Louisiana Mississippi Hospice and Palliative Care Organization (LMHPCO) Leadership Conference, New Orleans, LA.

Myers VH. (August 2006). Expert panelist at the Second Annual Patient Education Symposium. ALS Association Louisiana, Baton Rouge and Shreveport, LA

Myers VH. (February 2007). Louisiana and Obesity. Presentation at the Louisiana Conference of Health and Social Services, Baton Rouge, LA.

Myers VH, Brantley PJ, Cerniauskas B. (March 2007). Weight Loss in Primary Care Settings. Workshop to LSUHCSD.

Myers VH. (June 2007). Behavioral Approaches to Weight Loss and Maintenance. Presentation to Baton Rouge Dietetics Association, Baton Rouge, LA.

Myers VH. (August 2007). Expert panelist at the Annual Patient Education Symposium. ALS Association Louisiana, Baton Rouge and Shreveport, LA

Myers VH. (September 2007). DPP training workshop to LSUHCSD.

Myers VH, Cerniauskas B. (February 2008). Understanding diabetes. Presentation at the Irene W. Pennington Wellness Day for Women, Baton Rouge, LA.

Myers VH, Barbera BL, Hudnall T, Puckett C, Boyd P. (September 2008). Healthy Approaches to Weight Control. Continuing Education Workshop for the College of Nursing & Allied Health Continuing Nursing Education Program. Nicholls State University, Thibodaux, LA.

- Myers VH.** (February 2009). Super Woman, Super Stressful. Keynote presentation at the Irene W. Pennington Wellness Day for Women, Baton Rouge, LA.
- Myers VH.** (March 2009). Goal Setting: You CAN do it! Presentation to diabetes patients at Leonard J. Chabert Medical Center, Houma, LA.
- Myers VH.** (March 2009). Motivational Interviewing Techniques. Presentation to the Family Medicine Residency Program at Leonard J. Chabert Medical Center, Houma, LA.
- Myers VH.** (April 2009). Coping with Stress. Presentation to the Baton Rouge Widows Group.
- Myers VH.** (July 2009). Goal Setting. Presentation to the Our Lady of the Lake Bariatric Surgery Group.
- Myers VH.** (January 2010). Goal Setting. Presentation to LA Associated Grocers, Inc.
- Myers VH.** (January 2010). Healthy Aging. Presentation to LA State Retirees.
- Myers VH.** (February 2010). Healthy Aging. Presentation to Trinity Lutheran Spirited Saints.
- Myers VH.** (April 2010). Coping with Stress. Presentation to LA Associated Grocers, Inc.
- Myers VH.** (April 2010). Healthy Aging. Presentation to St. George Golden Oaks.
- Myers VH.** (May – December 2010). Coping with Stress; Sleep Hygiene. Presentations to LIFE Successful Aging.
- Myer Myers VH.** (February 2011). Body Cues & Your Emotional Health: Migraines, Neck, Back & Shoulder Pain. Presentation at the Irene W. Pennington Wellness Day for Women, Baton Rouge, LA.
- Myers VH.** (March 2011). Diabetes Prevention: The Weight is Over (How You Think). Botanicals Research Center Community Symposium. Pennington Biomedical Research Center.
- Myers VH.** (May 2011). Dementia. Community Presentation, Pennington Biomedical Research Center.
- Myers VH.** (June 2011). The Weight is Over (How You Think). Presentation to the Fresh Cuts, Clean Health Program (Black Barbershop Health Initiative), Baton Rouge, LA.
- Myers VH.** (June 2011). Motivational Interviewing Techniques. Presentation to the Family Medicine Residency Program at Baton Rouge General, Baton Rouge, LA.
- Myers VH.** (August 2011). Sleep Hygiene. Presentation at the LSU Equity, Diversity and Community Outreach Summer Retreat, Baton Rouge, LA.
- Myers VH.** (September 2011). Behavioral Strategies for Weight Control. Presentation at the Corporate Challenge Event, City Club at River Ranch, LA.
- Myers VH.** (September 2011). Sleep Hygiene and Stress Management. Presentation at the Richardson Chapel Church of God Annual Women's Conference, Baton Rouge, LA.
- Myers VH, Folta S.** (September 2011). Motivational Interviewing Techniques. Webinar to all Lifestyle Interventions and Independence for Elders (LIFE) Study personnel.
- Myers VH.** (November 2011). Flavor, Trends, and Technology! Presentation and roundtable discussion at the Hospitality and Business Exchange Conference, Miami, FL

Myers VH. (November 2011). Sleep Hygiene and Stress Management.
Presentation to Louis A. Martinet Black Lawyers Association, Baton Rouge, LA.

Myers VH. (January 2012). Sleep Hygiene and Stress Management.
Presentation to Regions Bank/Hancock Bank managerial staff, Baton Rouge, LA.

Myers VH. (March 2012). Staying Motivated.
Presentation to the annual state-wide LSU Ag Center Nutrition Meeting. Baton Rouge, LA.

Myers VH. (May 2012). Motivational Interviewing Techniques.
Presentation to the Family Medicine Residency Program at Baton Rouge General, Baton Rouge, LA.

Myers VH. (June 2012). Adult Children/Older Parent Relationships. Presentation to LIFE Successful Aging.

Myers VH. (June 2012). Healthy Aging. Presentation to LIFE Physical Activity Group.

Myers VH. (June 2012). Healthy Nutrition. Presentation to OLLI Assumption Parish.

Myers VH. (August 2012). Behavioral Approaches and Problem-solving. Training workshop to dietitians.
University of Louisiana at Lafayette, Lafayette, LA.

Myers VH. (2008-2012). Louisiana 2-step. Internet-based weight management program sponsored by Blue Cross/Blue Shield (www.louisianatwostep.com)

Myers VH. (April 2013). Motivational Interviewing. Symposium sponsored by the Sports, Cardiovascular, and Wellness Nutrition Dietetic Practice Group, Academy of Nutrition and Dietetics.

Myers VH. (September 2016). Comparative Effectiveness of Bariatric Surgery and Lifestyle Interventions.
Webinar sponsored by Weight Management Dietetic Practice Group, Academy of Nutrition and Dietetics.

Myers VH. (March 2018). Caminemos juntas: A location-based smartphone app for Latinas to connect with nearby walking partners. University of Alabama Birmingham School of Medicine Center for Exercise Medicine's Distinguished Lecture Series.

SERVICE and CONSULTANT POSITIONS

Ad Hoc Manuscript Reviewer:

Annals of Behavioral Medicine
Journal of Behavioral Medicine
International Journal of Psychiatry in Medicine
Journal of Psychopathology and Behavioral Assessment
American Journal of Preventive Medicine
Nutrition
Health Promotion International
Journal of Clinical Psychology in Medical Settings
Obesity
Diabetes Care

Positions in Professional Organizations:

Louisiana Obesity Council (2005-2012)

Society of Behavioral Medicine

Council Member: Education, Training, and Career Development Council (2011-present)

Council Member: Digital Health Council (2017-present)

Annual Meeting Abstract Reviewer: Adherence track (2007-present)

Annual Meeting Abstract Reviewer: Adherence track (2007-present)

Local Arrangements Committee (2012)

SBM Champion (present)

The Obesity Society

Council Member: Ethics Committee (2014-2016)

NIH Study Section Reviews:

National Cancer Institute (Cancer Management and Health Behavior): R21 and R03 omnibus applications (recurring; Chair and Co-chair).

National Institute on Minority Health and Health Disparities (Advancing Health Disparities Interventions through Community-Based Participatory Research): U01

NIH Center for Scientific Review: SBIR/STTR omnibus applications.

NIH Training Institute for Dissemination and Implementation Research in Health (TIDIRH): Applicant review committee (recurring).

Current Committees:

Klein Buendel, Inc.

Executive Committee (2015-present)

Technology Committee (2014-present)

Previous Committees:

Pennington Biomedical Research Center

Faculty Representative, PBRC Faculty Advisory Committee (2011-2012)

Co-Chair, Pennington Biomedical Research Center Employee Giving Campaign (2011)

LSU Health Care Service Division

Clinical Care Committee and Health Care Effectiveness Team (2006-2012)

Systolic Blood Pressure Intervention Trial (SPRINT)

Intervention

Recruitment/Retention/Adherence

Lifestyle Interventions and Independence for Elders (LIFE) Study

Cognition

Lifestyle Resource Core

Medical Safety

Recruitment/Adherence

Successful Aging

Measurement and Event Adjudication

Intervention

Look AHEAD

Cognition Working Group

Consultant:

BuckaPound™ (www.buckapound.com)

Catapult Health™

Naturally Slim™ and ACAP Health

CardioRACE, Iowa State University

OTHER CLINICAL SERVICES

1999-2002 **Clinical Trainer/Supervisor**

Train and supervise graduate students on individual and group cognitive-behavioral and psychoeducational therapy to adults and adolescents with social phobia. Supervised by James Herbert, Ph.D.

2004-2009 **Patient Services Chair**

Amyotrophic Lateral Sclerosis ("Lou Gehrig's disease") Association, Louisiana Chapter.

2006-2012 **Volunteer Staff**, The Palliative Care Institute of Southeast Louisiana

2007-2008 **Board Vice-President**

Amyotrophic Lateral Sclerosis Association, Louisiana Chapter.

2008-2012 **Board President**

Amyotrophic Lateral Sclerosis Association, Louisiana/Mississippi Chapter.

TEACHING and MENTORING EXPERIENCE

Current

2013-present **Adjunct Professor**, University of the Rockies

Courses taught: ORG 7415 Advanced Statistics (on-site and online)
 ORG 7415 Advanced Statistics (on-site)
 ORG 5400 Statistics and Research Design (on-site)
 PSYC 7740 Qualitative Research Design (on-site)

Courses Taught

1999-2001 **Lecturer**, Drexel University

Guest lecturer for the following undergraduate courses: Introduction to Psychology, Abnormal Psychology, Development Psychology, Psychopharmacology, Statistics.

2006-2012 **Lecturer**, Louisiana State University

Guest lecturer for graduate course: Molecular and Clinical Nutrition II (HUEC 7005)

2007-2010 **Instructor**, Pennington Biomedical Research Center, Take 5 Diabetes Education Series

Topics covered: Stress management, Depression and Diabetes

2007-2012 **Lecturer**, Pennington Biomedical Research Center, Responsible Conduct of Research (Ethics)

Topics covered: Authorship, Data Management, Humans Subjects, Mentor/Mentee Relationships, Public Responsibility, Stress Management, and Collaborative Research.

2009-2012 **Instructor**, Osher Lifelong Learning Institute at Louisiana State University

Six-week course on physical and emotional well-being.

Topics covered: Stress Management, Coping with Depression, Cognitive Restructuring, Emotional Eating, Communication, Time Management, Problem-solving, Healthy Nutrition and Physical Activity Promotion

2010-2012 **Guest Lecturer**, LIFE Successful Aging Group, Pennington Biomedical Research Center

Topics covered: Stress Management, Sleep Hygiene, and Adult/Parent Relationships

Undergraduate and Graduate Students Supervised

2005-2012 **Mentor**

Mentor to over a dozen undergraduate and Ph.D. students in the LSU Department of Psychology participating in research, practicum, and internship positions through Pennington Biomedical Research Center.

2016-present **Dissertation Committee Member**

University of the Rockies Ph.D. students

Completed: Brandy McDonough (Committee member)
Tracy Shaw (Chair)